

PINE GROVE HIGH SCHOOL LUNCH MENU

MAY 2025

MONDAY

TUESDAY

WEDNESDAY

e

THURSDAY

1

FRIDAY

2



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

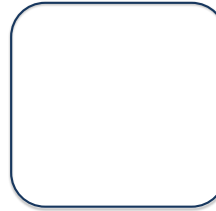
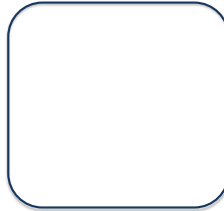
Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Chicken Nuggets with Pretzel Stick
Cheese or Pepperoni Pizza



Vegetable Garden Salad w / roll
Ham or Turkey Salad w/ Roll
Chef's Salad w/ roll
Greek Salad w/ Roll
Strawberry Spinach Salad w/ Roll
Caprese Pasta Salad with Roll
Ham & Cheese Wrap or Turkey and Swiss on Baguette
Buffalo chicken Wrap
Taco Chicken Roll
Chicken Caesar Roll
Roast Beef and Cheddar Wrap
Italian Wrap



Option on Wednesday will be Macaroni & Cheese



Entrée
Ham & Cheese Pretzel Roll
or
Hot Dog on a Roll

FEATURED VEGGIES
Steamed Garden Peas
Tomato Mozzarella Salad
Choice of Fruit
Choice of Milk

Entrée
Chicken Parm Sandwich
or
Cheese Pizza

FEATURED VEGGIES
Steamed Corn
Fresh Salad
Choice of Fruit
Choice of Milk



Options may be: Pizza or Chicken Patty on a Roll or Taco Bar or Pasta Bar or Hamburger or Breakfast Bar

Entrée
Chicken Nuggets with
Buttered Noodles
or
Italian Cheesesteak
FEATURED VEGGIES
Steamed Carrots
Broccoli Salad
Choice of Fruit
Choice of Milk

Entrée
Hamburger on a Roll
or
Corn Dog

FEATURED VEGGIES
Crinkle Cut Fries
Tossed Salad
Choice of Fruit
Choice of Milk

Entrée
Jacked Up Fries

FEATURED VEGGIES
Glazed Carrots
Stewed Tomatoes
Choice of Fruit
Choice of Milk

Entrée
Popcorn Chicken Bowl !
or
Salisbury Steak

FEATURED VEGGIES
Mashed Potatoes
Steamed Corn
Choice of Fruit
Choice of Milk

Entrée
Italian Dunkers
or
French Bread Pizza

FEATURED VEGGIES
Steamed Green Beans
Tomato Mozzarella Salad
Choice of Fruit
Choice of Milk



Options may be: Pizza or Chicken Patty on a Roll or Taco Bar or Pasta Bar or Hamburger or Breakfast Bar

Entrée
Italian Meatball Sub
or
Ravioli

FEATURED VEGGIES
Green Beans
Baby Carrots
Choice of Fruit
Choice of Milk

Entrée
Nacho Bar

FEATURED VEGGIES
Steamed Corn
Fresh Peppers
Choice of Fruit
Choice of Milk

Entrée
Cowboy Burger
or
Turkey Burger

FEATURED VEGGIES
Curly Fries
Sliced Cucumbers
Choice of Milk

Entrée
Chicken Tenders
or
Rib A Que on a Roll

FEATURED VEGGIES
Crinkle Cut Oven Fries
Fresh Grape Tomatoes
Choice of Fruit
Choice of Milk

Entrée
Loaded Pierogies
or
Stuffed Crust Pizza

FEATURED VEGGIES
Roasted Sweet Potatoes
Fresh Carrot Sticks
Choice of Fruit
Choice of Milk



Options may be: Pizza or Chicken Patty on a Roll or Taco Bar or Pasta Bar or Hamburger or Breakfast Bar

Entrée
General Tso Chicken
or
Sweet & Sour Chicken
over White Rice
FEATURED VEGGIES
Steamed Broccoli
Cucumber Salad
Choice of Fruit
Choice of Milk

Entrée
Italian Sausage Sandwich
or
Chicken Sandwich

FEATURED VEGGIES
French Fries
Carrot Sticks
Choice of Fruit
Choice of Milk

Entrée
Buffalo Chicken Dip
or
Turkey & Cheese Sandwich

FEATURED VEGGIES
Baked Beans
Sliced Cucumbers
Choice of Fruit
Choice of Milk

Entrée
Macaroni & Cheese
or
Fish Sticks

FEATURED VEGGIES
Steamed Broccoli
Stewed Tomatoes
Choice of Fruit
Choice of Milk

Nn School



Options may be: Pizza or Chicken Patty on a Roll

No School

Memorial Day

Choice of Milk

Entrée
Chefs Choice

FEATURED VEGGIES

Choice of Fruit
Choice of Milk

Entrée
Chefs Choice

FEATURED VEGGIES

Choice of Fruit
Choice of Milk

Last Day of School

1/2 Day

No Lunch Served



LUNCH PRICES:

Student \$2.75
Reduced \$4.00
Adult \$4.00

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MENU SUBJECT TO CHANGE

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